



האקדמיה היהודית סן-דייגו
The pluralistic community day school

HIGH SCHOOL ATHLETIC PARTICIPATION FORM

In order for a student athlete to participate in a high school athletic program at SDJA, the following requirements must be met:

1. Physical examination performed by a Physician or Physician's Assistant must be completed once a year.
2. Physical Questionnaire must be completed once a year
3. Emergency Medical Treatment Consent form must be completed each season
4. Statement of Permission and Understanding must be signed once a year.
5. CIF Athlete's Code of Ethics must be signed once a year.
6. Seasonal Medical Screening form must be completed each season.
7. High School Team fee of \$250.00 per season.

NO STUDENT ATHLETE MAY PARTICIPATE IN ANY ATHLETIC TEAM ACTIVITY, INCLUDING PRACTICE UNTIL THEY RECEIVE AUTHORIZATION FROM THE ATHLETIC DEPARTMENT

Student's Name: _____

Grade: _____

Age: _____

Sport: _____

Requirements (Office Use Only)

Forms	Cleared
Physical Questionnaire	
Physical Examination – Completed by a Medical Doctor	
Emergency Treatment Consent	
Statement of Permission and Understanding	
Seasonal Medical Screening	
CIF Athletes Code of Ethics	
Team Fee	

Office Signature: _____

Date: _____

**SDJA
PHYSICAL QUESTIONNAIRE**

Student Name _____

Grade _____

Date of Birth _____

TO BE COMPLETED AND SIGNED BY PARENTS

Health History

Please circle "YES" or "NO" and explain any "YES" answers.

Head, neck or spinal injury Yes No
Permanent defect Yes No
Seizure, convulsions, or fainting Yes No
Psychiatric disorder Yes No
Dizziness or frequent headaches Yes No
Rheumatic fever Yes No
Eye problem Yes No
Any other disease Yes No
Cardiovascular disease Yes No
Asthma or allergies Yes No
Lung disease Yes No
Broken bones Yes No
Ulcer Yes No
Recent illnesses Yes No
Diabetes Yes No
Recent operations Yes No
Kidney disease Yes No
Current medications Yes No
Muscular disease Yes No
Nervous disorders Yes No
Currently under medical care Yes No

Explanation

Please use this space to explain any "YES" answers from the above health history.

I (parents name) _____ certify that the information I have provided regarding my child's health history is true, correct and complete.

Parent Signature _____ Date: _____

SDJA
PHYSICAL EXAMINATION
 (TO BE COMPLETED AND SIGNED BY A PHYSICIAN OR PHYSICIAN'S ASSISTANT)

Student Name _____

Date of Birth _____

Height ____ Weight ____ Blood Pressure _____ Pulse (resting) _____ Pulse (after 2 min. exercise) _____

Vision (R) _____ Vision (R) _____
 Vision (L) _____ Vision (L) _____
 Vision (Both) _____ Vision (Both) _____
 With / without glasses

Part III

CONDITION	NORMAL	ABNORMAL
Peripheral Vision		
Pupillary Reflex		
Accommodation (check both eyes)		
Eyes (note evidence of disease or injury)		
Hearing		
Ears (note evidence of disease or injury)		
Lungs / Chest		
Heart (Stethoscope exam required)		
Blood pressure		
Pulse (resting)		
Pulse (after two minutes of exercise)		
Abdomen (note injuries and defects)		
Gastrointestinal (ulceration or disease)		
Spine (note any disease or injury)		
Knee jerk reflex (left and right)		

Recommendations:

Full, unrestricted participation

Deferred or no participation at this time because:

Needs to complete rehabilitation for current condition (s) prior to participation

Notes: _____

Needs clearance by specialist:

Notes: _____

Failed. Reason: _____

Physician's Statement:

(Student's name) _____ was examined by me on (date) _____ and found physically fit to engage in high school athletics. Results are to encourage, but in no way guarantee, the fitness and safety of this student athlete

Practitioner Signature: _____ **Date:** _____ **Physician's Stamp HERE**

**SDJA
CONSENT FOR EMERGENCY TREATMENT**

We, the undersigned, parents of _____
referred hereinafter as "the student athlete" residing at:

Address: _____

Home Phone; _____

Work Phone: _____

Cell Phone: _____

Hereby consent to any and all emergency medical, hospital, surgical and dental care which San Diego Jewish Academy, may in its sole discretion determine to be necessary or desirable for the welfare of the student athlete. In an emergency, the undersigned authorize SDJA to obtain the services of such doctor, hospital, dentist or others as SDJA shall determine for the benefit of the student athlete and the undersigned agree to pay for all medical, dental or hospital or other services required for the benefit of the student athlete. The undersigned shall reimburse the SDJA for all expenses incurred in connection with said emergency.

Student Athlete's Doctor: _____

Telephone: _____

Address: _____

Insurance Company: _____

Medication Needed/ Allergies: _____

Emergency Contact Names	Phone Numbers	Relationship

The undersigned hereby waive any and all claims that they may have against the SDJA relating to medical, hospital, surgical and dental care furnished to the student athlete pursuant to the agreement and agree to hold the SDJA free and harmless from all claims that the student athlete, the undersigned and others may have in relation to emergency treatment and services rendered pursuant to this agreement. This authorization shall remain in effect until revoked in writing and delivered to agent of the SDJA.

Parent signature: _____ Date: _____

**SDJA
SEASONAL MEDICAL SCREENING**

Student Name _____

Grade _____

Sport to be Played _____

1. Most recently played sport this school year _____.

2. Does Student have any medical problems? Yes No
If yes please list and explain below:

3. Did your student have any injuries from the last sport played? Yes No
If yes, Please explain below and attach written medical permission to return to play from attending physician, if not already on file at the Athletic Office.

4. Has student had any injuries, seizures, fainting, "black outs", concussions, Chest pains, dizziness or unusual shortness of breath in the past year? Yes No
If yes please explain and attach written medical permission to return to play from attending physician, if not already on file in the athletic office:

If the above student athlete has a change in their medical status after this form is signed, I understand I must notify the athletic office, because that could adversely affect the athlete's ability to perform in the capacity for which they have been cleared by the doctor.

Parent Signature _____ Date: _____

SDJA STUDENT ATHLETE HANDBOOK

Team sports at San Diego Jewish Academy provide our student athletes with the opportunity to compete, along with their fellow classmates, with various schools throughout San Diego County. Participation in SDJA athletic programs is an excellent arena for students to learn commitment, responsibility, teamwork, and discipline. Athletics are also a great way to socialize with other students in a positive, healthy and competitive environment. SDJA student athletes are taught to represent their school and community with pride and character, to compete with sportsmanship, respect others, and maintain a healthy lifestyle. The SDJA athletic department is committed to providing an atmosphere that balances the social, academic and athletic aspects of student athletes lives. We strongly encourage every student to participate in at least one sport during the school year. The lessons one can learn, as a student athlete, will last a lifetime.

The following is a list of expectations, responsibilities and general information. Please review this information with your child.

EXPECTATIONS

Athletes are expected to attend all practice sessions and contests.

If a player misses two or more games or habitually misses practice during a season, he or she may be dismissed from the team. Inability to honor the commitment that team sport demand will result in dismissal from the team.

Individual team coaches retain the right to develop and enforce specific team rules pertinent to their specific team.

ACTIVITY TIMES

Athletic programs at SDJA are extra-curricular activities. Middle School team practices are held Monday through Friday during 5th period. High School teams practice after school Monday through Friday. Friday practices conclude one hour prior to candle lighting time. The exact time all sports conclude on Friday can be found on the athletic schedule page located at www.SDJA.com. Sunday practices for high school teams are held at the discretion of the team coaching staff. Middle School teams do not practice on Sunday. Middle and high school games, matches and meets are held after school on weekdays Monday through Thursday and Saturday evening.

SCHEDULES

All middle school and high school team schedules are posted on the SDJA athletic web page. The schedule includes times and locations for all team contests, award banquets and directions to athletic venues. Student athletes are responsible for knowing team schedules.

TRANSPORTATION

SDJA will provide transportation to all middle school athletic contests. Return transportation will be provided from venues greater than fifteen (15) miles from the SDJA campus. A list of MS venues greater than fifteen (15) miles is available on the SDJA athletic webpage.

Round trip transportation for all high school contests and off campus practices will be provided by SDJA. Students must use the transportation provided by the school. SDJA student athletes may not use their private vehicle for transportation to or from practice or games.

Parents and or legal guardians may pick up students at off campus athletic venues upon the completion of practice or games.

ACADEMICS

In order to be eligible to participate in high school team sports, student athletes are required to maintain an overall 2.0 GPA and be making significant progress towards graduation. Athletes are responsible for completing any class work missed due to games and or practices.

PERSONAL RESPONSIBILITY

SDJA student athlete's behavior must be beyond reproach by displaying the highest levels of character and responsibility at all times. While participating in MUS athletics, student athletes represent SDJA, their family, and themselves. All SDJA student athletes should always conduct themselves in a dignified manner.

Cell phone use is not authorized during any SDJA athletic practice or contest. Respect will always be shown to visiting teams, coaches, fans and game officials. Failure to do so is not in keeping with the values of SDJA and will be grounds for dismissal from the team.

Failure to comply with any team and or Athletic Department rule may be cause of dismissal from the team.

UNIFORMS

Student athletes must come to school prepared for games and practices with all necessary equipment (i.e. uniform, proper shoes, kneepads, gloves, etc.) In order to participate in any high school athletic competition, SDJA student athletes must wear a complete school issued game uniform. Wearing non SDJA issued uniform items during a high school or middle school contest is not allowed.

As directed by the team head coach, all student athletes must wear the prescribed practice uniform to every practice session.

All team game / match / meet uniforms must be returned at the end of the season. The financial cost of any unreturned uniform item will be charged to the parents or legal guardian of the SDJA student athlete who was issued game / match / meet uniforms.

VARSITY LETTERS

Varsity letters are awarded to all high school varsity student athletes who fulfill the following requirements:

1. The student athlete must participate in at least 50% of all varsity contests.
2. The student athlete is recommended by his or her varsity coach. Recommendations are based on sportsmanship, contributions to the team and work ethic.

Varsity letters are awarded at the completion of each athletic season.

PARTICIPATION FORMS

The following documents must be completed and turned into the athletic department prior to a student athlete's participation in SDJA athletic programs.

1. An annual Physical Examination must be performed by a Physician or Physician's Assistant.
2. The Physical Survey must be completed annually by the parent of the student athlete
3. The Statement of Permission and Understanding must be signed by both the parent and student athlete annually.
4. The CIF Ethics in Sport document must be signed annually by the parent and student athlete (for high school sports only).
5. The Seasonal Medical Screening form must be completed by the parent for each sport played
6. The Emergency Treatment Consent form must be completed by the parent seasonally.

These documents make up the "Athletic Participation Form," and are available for download on the SDJA Athletic webpage or in the Athletic Department.

FEES

There is a high school athletic fee of \$250.00 and a middle school fee of \$210.00 for each sport that must be paid with your clearance packet. Team fees are used to fund operational costs and "Spirit Packs." Operational costs include equipment, officials' fees, coaches' salaries, facilities, uniforms and transportation. "Spirit Pack" consist of practice gear are retained by the student athlete upon completion of the athletic season.

SDJA
STATEMENT OF PERMISSION AND UNDERSTANDING

I understand that by signing this form:

1. I have read and will comply with the policies set forth in the SDJA athletic handbook.
2. I agree to follow and comply with all team policies, rules and expectations.
4. I am aware that playing/practicing competitive sports can be a dangerous activity that involves the risk of injury. Because of the danger of injury relating to participation in sports, I recognize the importance of following the coaches' instructions regarding playing techniques, use of athletic equipment and other team rules.
5. I understand that proper physical preparation and living a healthy lifestyle will greatly enhance my athletic experience.

Student signature: _____ Date: _____

I understand that by signing this form:

1. I give my permission for my son/daughter to participate in SDJA athletics.
2. I give my permission for SDJA staff to provide first aid and secure emergency care as needed.
3. I have read and will comply with the policies set forth in the SDJA athletic handbook
4. I am aware that playing/practicing in competitive sports can be a dangerous activity that involves the risk of injury. Because of the danger of injury relating to participation in sports, I recognize the importance of following the coaches' instructions regarding playing techniques, use of athletic equipment and other team rules.
5. I understand that proper physical preparation and living a healthy lifestyle will greatly enhance my son's/daughter's athletic experience.

Parent signature: _____ Date: _____



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ETHICS IN SPORTS (ATHLETE-PARENT/GUARDIAN/CAREGIVER) – 2010-11
 (Revised 3/09)

I. POLICY STATEMENT

- It is the mission of the California Interscholastic Federation, San Diego Section (CIFSDS) to promote high standards of sportsmanlike and ethical behavior in and around athletic contests played under its sanction and, in life, in general. Citizenship, Integrity, and Fairness are embodied in that mission. CIF and CIFSDS contests must be safe, courteous, fair, controlled, and orderly for the benefit of all athletes, coaches, officials, and spectators, and behavior by all involved at all times should manifest the highest standards of conduct.
- It is the intent of the section membership that poor sportsmanship, unethical behavior, and violence, in any form, will not be tolerated in athletic contests or practices. In order to enforce this policy, the membership, through its Board of Managers, has established rules and regulations.
- Coaches assume the responsibility to teach and demand high standards of conduct of their athletes both on the field of play and in everyday life, in season and out of season.
- It is the school principal's responsibility to enforce all CIFSDS rules and regulations and to demand high standards of conduct from coaches, athletes, parents/guardians, and spectators. The principal shall demand strict adherence to all the CIF State and CIFSDS rules, regulations, and procedures.
- **Participation in interscholastic athletics and section playoffs is a privilege.**
- The CIFSDS Board of Managers requires that the following Code of Ethics be issued to and signed by each student-athlete, parent, coach, and officials' association. Penalties for failure to submit a signed Code of Ethics are:

1. Athlete	Ineligibility for participation in CIF-San Diego Section athletics
2. Coach	Restricted from coaching in CIF-San Diego Section contests
3. Officials Association	Not approved to officiate in the CIF-San Diego Section
4. Parent	Prohibition/Removal from attendance at CIF or CIFSDS event
- **Failure to abide by the standards of behavior as agreed will result in a penalty up to and including disqualification to participate.**

II. CODE OF ETHICS FOR STUDENT-ATHLETE, PARENT/GUARDIAN/CAREGIVER, COACH, CONTEST OFFICIAL

- A. Comply with the six pillars and 16 Principles of the Pursuing Victory with Honor program (on reverse side).
- B. Be courteous at all times with school officials, opponents, game officials, and spectators.
- C. Exercise self-control.
- D. Know all rules of the contest, of CIF State, and the CIFSDS and agree to follow the rules.
- E. Show respect for self, players, officials, coaches, and spectators.
- F. Refrain from the use of foul and/or abusive language at all times.
- G. Respect the integrity and judgment of game officials.
- H. An athletic director, sports coach, school official or employee or booster club/sport group member may not provide any muscle-building nutritional supplements to student-athletes at any time. A school may only accept an advertisement, sponsor, or donation from a supplement manufacturer that offers only non-muscle building nutritional supplements. A school may not accept an advertisement sponsorship or donation from a distributor of a dietary supplement whose name appears on the label. Permissible non-muscle building nutritional supplements are identified according to the following classes: Carbohydrate/electrolyte drinks; energy bars, carbohydrate boosters, and vitamins and minerals. (Revised - Federated Council May 2007.)
- I. **Win with character; lose with dignity.**

Accept consequences of conduct deemed inappropriate or in violation of rules.

I have read, understand, and accept the Policy Statement, Code of Ethics, The Pillars and Principles of Pursuing Victory with Honor, and the Violations, Minimum Penalties, and Appeal Process (on attached page) of the CIF-San Diego Section **ETHICS IN SPORTS** Policy. I agree to abide by this policy while participating and/or being a spectator at CIFSDS athletic events regardless of contest site or jurisdiction.

 Signature – Athlete

 Printed Name

 Date

 Signature – Parent/Guardian/Caregiver

 Printed Name

 Date

PURSUING VICTORY WITH HONOR

SIX PILLARS OF CHARACTER

TRUSTWORTHINESS

RESPECT

RESPONSIBILITY

FAIRNESS

CARING

GOOD CITIZENSHIP

SIXTEEN PRINCIPLES OF PURSUING VICTORY WITH HONOR

1. The essential elements of character building and ethics in CIF sports are embodied in the concept of sportsmanship and six core principles: trustworthiness, respect, responsibility, fairness, caring, and good citizenship. The highest potential of sports is achieved when competition reflects these "six pillars of character."
2. It's the duty of School Boards, superintendents, school administrators, parents, and school sports leadership - including coaches, athletic administrators, program directors, and game officials - to promote sportsmanship and foster good character by teaching, enforcing, advocating, and modeling these "six pillars of character."
3. To promote sportsmanship and foster the development of good character, school sports programs must be conducted in a manner that enhances the academic, emotional, social, physical, and ethical development of student-athletes and teaches them positive life skills that will help them become personally successful and socially responsible.
4. Participation in school sports programs is a privilege, not a right. To earn that privilege, student-athletes must abide by the rules, and they must conduct themselves, on and off the field, as positive role models who exemplify good character.
5. School Boards, superintendents, school administrators, parents, and school sports leadership shall establish standards for participation by adopting and enforcing codes of conduct for coaches, athletes, parents, and spectators.
6. All participants in high school sports must consistently demonstrate and demand scrupulous integrity and observe and enforce the spirit as well as the letter of the rules.
7. The importance of character, ethics, and sportsmanship should be emphasized in all communications directed to student-athletes and their parents.
8. School Boards, superintendents, school administrators, parents, and school sports leadership must ensure that the first priority of their student-athletes is a serious commitment to getting an education and developing the academic skills and character to succeed.
9. School Boards, superintendents, principals, school administrators, and everyone involved at any level of governance in the CIF must maintain ultimate responsibility for the quality and integrity of CIF programs. Such individuals must assure that education and character development responsibilities are not compromised to achieve sports performance goals and that the academic, social, emotional, physical, and ethical well-being of student-athletes is always placed above desires and pressure to win.
10. All employees of member schools must be directly involved and committed to the academic success of student-athletes and the character-building goals of the school.
11. Everyone involved in competition including parents, spectators, associated student body leaders, and all auxiliary groups have a duty to honor the traditions of the sport and to treat other participants with respect. Coaches have a special responsibility to model respectful behavior and the duty to demand that their student-athletes refrain from disrespectful conduct including verbal abuse of opponents and officials, profane or belligerent trash-talking, taunting, and inappropriate celebrations.
12. School Boards, superintendents, and school administrators of CIF member schools must ensure that coaches, whether paid or voluntary, are competent to coach. Training or experience may determine minimal competence. These competencies include basic knowledge of: 1) The character building aspects of sports, including techniques and methods of teaching and reinforcing the core values comprising sportsmanship and good character. 2) The physical capabilities and limitations of the age group coached as well as first aid and CPR. 3) Coaching principles and the rules and strategies of the sport.
13. Because of the powerful potential of sports as a vehicle for positive personal growth, a broad spectrum of school sports experiences should be made available to all of our diverse communities.
14. To safeguard the health of athletes and the integrity of the sport, school sports programs must actively prohibit the use of alcohol, tobacco, drugs, and performance-enhancing substances, as well as demand compliance with all laws and regulations, including those related to gambling and the use of drugs.
15. Schools that offer athletic programs must safeguard the integrity of their programs. Commercial relationships should be continually monitored to ensure against inappropriate exploitation of the school's name or reputation. There should be no undue interference or influence of commercial interests. In addition, sports programs must be prudent, avoiding undue financial dependency on particular companies or sponsors.
16. The profession of coaching is a profession of teaching. In addition to teaching the mental and physical dimension of their sport, coaches, through words and example, must also strive to build the character of their athletes by teaching them to be trustworthy, respectful, responsible, fair, caring, and good citizens.

VIOLATIONS, MINIMUM PENALTIES, AND APPEAL PROCESS

(Applicable to players and coaches from time of departure for contest until time of return.)

ACT

1. Behavior resulting in ejection of athlete or coach from contest
MINIMUM PENALTIES*
EJECTION POLICY:
Any coach, team attendant, or spectator ejected by a contest official from any contest for any reason, at any level, is suspended indefinitely from participation, practice, or attending (site and sound) any sports contest, until the first of the following occurs: the ejected person serves the tentative penalty recommended by the commissioner; or a meeting is held among the school administration, coach, player, and custodial parent(s)/guardian(s) with CIFSDS staff member(s) to discuss and impose an appropriate penalty which is served before participation resumes.
Any player ejected by a contest official from any contest for any reason is suspended from participation in the next contest(s) until the tentative penalty recommended by the commissioner is served; or a meeting is held among the school administration, coach, player, and custodial parent(s)/guardian(s) with CIFSDS staff member(s) to discuss and impose an appropriate penalty which is served before participation resumes. **Players are permitted to practice with the team and attend contests, but not in game uniform, during the period of suspension. (Approved June 3, 2008, Board of Managers).** Meetings will be scheduled at a time to be announced. There is no appeal of the Commissioner's decision. Telephonic and electronic meetings are not permitted.
Additionally, any person ejected (coach, player, spectator) is required to attend a CIFSDS Ethics In Sports Sportsmanship Meeting, which will be held at a time to be announced. Failure to attend the sportsmanship meeting will result in immediate suspension of athletic eligibility or attendance (site and sound) at contests or practices until such time as the ejected person attends a Sportsmanship Meeting. (Approved June 7, 2005, Board of Managers).
2. Illegal participation in next contest by athlete ejected from previous contest. Ineligibility for remainder of season for athlete. A written appeal may be made by the individual or school to the commissioner.

A coach, who permits participation by a player ejected from a previous contest, knowingly violates a CIF or San Diego Section rule, and penalty may include a sanction to the school, coach, or suspension of membership.
3. Second ejection of athlete or coach from any contest during one season. Ineligibility of athlete for remainder of season or suspension of coach for remainder of season. A written appeal may be made by the school principal within two school days to the commissioner for reduction of penalty. Official to make report by the next school day to the commissioner.
4. When an athlete leaves the bench area or fielding position to begin a confrontation or leaves the bench area or fielding position to join an altercation. Ejection from the contest for those designated by the official, ineligibility for the next contest, probation for remainder of season. Those players involved are later identified, ineligible for next contest and probation for remainder of season. A written appeal may be made by the individual(s) or school to the commissioner. Official to make report by the next school day to the commissioner.

A similar infraction of this act by the same athlete(s) during the same season will result in termination of the season for the athlete(s) concerned. A written appeal may be made by the school principal to the Commissioner.
5. When more than two athletes leave the bench area or fielding position to begin a confrontation or leave the bench area or fielding position to join an altercation. Contest will be stopped by officials and coaches. Ejection from the contest for those athlete(s) designated by the officials. The team(s) that left the bench area must forfeit the contest, record a loss, and the team(s) and player(s) placed on probation for the remainder of the season. A written appeal may be made by the school(s) principal to the commissioner. A second infraction will result in cessation of the season for the team(s) and/or athlete(s). A written appeal may be made by the school(s) principal to the commissioner. Official to make report by the next school day to the commissioner.

If the act occurs in the CIF-San Diego Finals, and both teams are charged with a forfeit, there will be no champion. A written appeal may be made by school(s) principal to the commissioner. Official to make report by the next school day to commissioner.
6. Other acts committed by individuals or teams or acts committed at end of season. Commissioner, as authorized by Green Book, to determine and implement penalties up to and including career suspension for individuals and following year penalties for teams.
7. Use of an ineligible player in a contest. If a team uses an ineligible player in a contest(s), the contest(s) shall be forfeited. The number of forfeited contest(s) exceeds the maximum permitted in accordance with the CIFSDS Forfeit Policy (see Green Book) the team shall be excluded from CIFSDS playoffs.
If an ineligible individual is permitted to participate in an individual sport, that individual is excluded from playoffs, and the school is subject to penalties for a willful violation of a rule.

*Commissioner, as authorized by Green Book, may determine and implement additional penalties up to and including career suspension for individuals and following year penalties for teams.

PROPOSED ADVISEMENTS RE: Bylaw 510

To be added to School/District Athletic Participation Clearance form:

State CIF Bylaws require that all information provided in regard to any aspect of student eligibility to participate in athletics must be true, correct, accurate, and complete. State CIF Bylaws also require that parents, students, coaches and schools must disclose any pre-enrollment contact of any kind whatsoever with the parent or student during the 24 months prior to enrollment in the school.

- There has been no pre-enrollment contact of any kind whatsoever during the previous 24 months with anyone at or associated with the school or its athletic programs.
- There has been pre-enrollment contact during the previous 24 months with individuals at or associated with the school and its athletic programs. A true, correct, accurate, and complete disclosure of that contact is attached to this form.

Parent/caregiver signature Date

Student signature Date

To be added to participation forms for club, camp, or other out of season activities:

State CIF Bylaws require that all information provided in regard to any aspect of student eligibility to participate in high school athletics must be true, correct, accurate, and complete. State CIF Bylaws also require that parents, students, coaches and schools must disclose any pre-enrollment contact of any kind whatsoever with the parent or student during the 24 months prior to enrollment in the school. **Participation in this activity must be disclosed to the CIFSDS when requesting eligibility to participate in high school athletics beginning in the ninth grade. Participation in this activity may affect student eligibility to participate in high school athletics.**

Parent/caregiver signature Date

Student signature Date