

SDJA's Healthy Habits Committee

If you are interested in joining our team to assist SDJA in excelling in the areas of health, nutrition and overall wellness for our students, their families, and our environment, please contact Ashley Stone at (858) 945-8458 or stone4@san.rr.com

We are entering our fourth year of service and have approximately 10 core members. We are looking for more parents to join us in making a positive impact at SDJA.

Targets for our committee include:

Lunch Program/Menu Development

Snacks/Rewards/Celebrations in the classroom

Nutrition Education for our Community/National Nutrition Month (March)

Fitness and Exercise

Going "Green" on Campus

Edible Garden/Gardening Club

Environmental Awareness

Website Development

Curriculum Development

Healthy Habits' Sports Day Activities

Assistance with PTO events (especially where food is involved)

PLEASE HELP!! GET INVOLVED!!

FUN AND CARING COMMITTEE

FIRST MEETING: Tuesday, Sept. 13 at 8:00am, BOARD ROOM